

Trainingsdata senioren najaar 2025-2026						
	Maandag	Dinsdag	Woensdag	Donderdag	Vrijdag	Zaterdag
Week 36	1/Sep	2/Sep	3/Sep	4/Sep	5/Sep	6/Sep
Week 37	8/Sep	9/Sep	10/Sep	11/Sep	12/Sep	13/Sep
Week 38	15/Sep	16/Sep	17/Sep	18/Sep	19/Sep	20/Sep
Week 39	22/Sep	23/Sep	24/Sep	25/Sep	26/Sep	27/Sep
Week 40	29/Sep	30/Sep	1/Oct	2/Oct	3/Oct	4/Oct
Week 41	6/Oct	7/Oct	8/Oct	9/Oct	10/Oct	11/Oct
Week 42	13/Oct	14/Oct	15/Oct	16/Oct	17/Oct	18/Oct
Week 43	20/Oct	21/Oct	22/Oct	23/Oct	24/Oct	25/Oct
Week 44	27/Oct	28/Oct	29/Oct	30/Oct	31/Oct	1/Nov
Week 45	3/Nov	4/Nov	5/Nov	6/Nov	7/Nov	8/Nov
Week 46	10/Nov	11/Nov	12/Nov	13/Nov	14/Nov	15/Nov
Week 47	17/Nov	18/Nov	19/Nov	20/Nov	21/Nov	22/Nov
Week 48	24/Nov	25/Nov	26/Nov	27/Nov	28/Nov	29/Nov
Week 49	1/Dec	2/Dec	3/Dec	4/Dec	5/Dec	6/Dec
Week 50	8/Dec	9/Dec	10/Dec	11/Dec	12/Dec	13/Dec
Week 51	15/Dec	16/Dec	17/Dec	18/Dec	19/Dec	20/Dec
Week 52	22/Dec	23/Dec	24/Dec	25/Dec	26/Dec	27/Dec
Week 1	29/Dec	30/Dec	31/Dec	1/Jan	2/Jan	3/Jan
Week 2	5/Jan	6/Jan	7/Jan	8/Jan	9/Jan	10/Jan
Week 3	12/Jan	13/Jan	14/Jan	15/Jan	16/Jan	17/Jan
Week 4	19/Jan	20/Jan	21/Jan	22/Jan	23/Jan	24/Jan
Week 5	26/Jan	27/Jan	28/Jan	29/Jan	30/Jan	31/Jan
Week 6	2/Feb	3/Feb	4/Feb	5/Feb	6/Feb	7/Feb
Week 7	9/Feb	10/Feb	11/Feb	12/Feb	13/Feb	14/Feb
Week 8	16/Feb	17/Feb	18/Feb	19/Feb	20/Feb	21/Feb
Week 9	23/Feb	24/Feb	25/Feb	26/Feb	27/Feb	28/Feb
Week 10	2/Mar	3/Mar	4/Mar	5/Mar	6/Mar	7/Mar
Week 11	9/Mar	10/Mar	11/Mar	12/Mar	13/Mar	14/Mar
Week 12	16/Mar	17/Mar	18/Mar	19/Mar	20/Mar	21/Mar

Zondag	lesweek
7/Sep	1
14/Sep	2
21/Sep	3
28/Sep	4
5/Oct	5
12/Oct	6
19/Oct	Herfstvakantie
26/Oct	7
2/Nov	8
9/Nov	9
16/Nov	10
23/Nov	11
30/Nov	12
7/Dec	13
14/Dec	14
21/Dec	inhaal
28/Dec	kerstvakantie
4/Jan	kerstvakantie
11/Jan	15
18/Jan	16
25/Jan	17
1/Feb	18
8/Feb	inhaal
15/Feb	inhaal
22/Feb	Voorjaarsvakantie
1/Mar	
8/Mar	
15/Mar	
22/Mar	